



Bridgeside Bulletin



The weekly Bulletin of the Catholic Parish of Forster Tuncurry

"Unity in Christ"

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We acknowledge the Worimi people - the traditional custodians of this place

SUNDAY 12 SEPTEMBER 2021,

PERPETUAL DAY OF REMEMBRANCE

Dear Brothers and Sisters,

This Sunday the diocese of Maitland-Newcastle marks the annual observance of the Perpetual Day of Remembrance. This is marked as a feast in the liturgical calendar here in Maitland-Newcastle. This is an important day. I find it important because if we do not remember our history and the evilness that infected the Church and did so much damage to so many innocent people, we will not learn from past mistakes. How can we as a Church help people heal if we do not acknowledge that which caused them so much harm? As Bishop Bill has said, "For one thing, the story is not all in the past. Many of those who were abused as children are still living among us and still suffering the effects of their abuse. They deserve to be remembered in our prayers and by taking their needs constantly into account in our church life and ministry".

The Bishop is right! Because many are suffering, it is not something in the past or back then, rather it is a now thing, and it is now that we need to act to help as much as we can, to heal where we can, to hold before our God in prayer those who have been so horribly treated. To lament over their pain and suffering, to promise to do all we can to make sure this does not happen again!

So this Sunday, the liturgy has its own readings, there will be more silence. There will be an ode at the beginning of Mass, instead of the usual hymn. It is, however my fervent desire that there will be hope. Hope of healing for those so badly affected, hope for a desire in the community of the faithful to work together to ensure that healing does occur, so that together our Church can "Shine the Light of Christ".

With love.

Fr. Peter.



Perpetual Day of Remembrance

Sunday September 12, 2021

Shine the Light of Christ



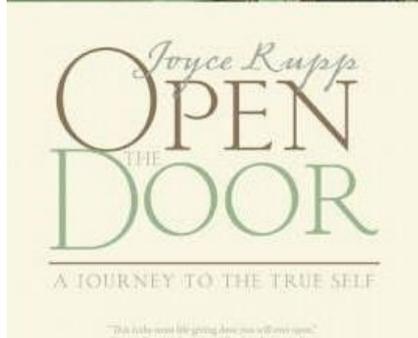
Parish Timetable

WEEKDAY MASS
13 SEP—18 SEP

All Masses have been cancelled for the duration of lockdown

Mon 13 SEP	12pm Community Kitchen
Tue 14 SEP	12pm Community Kitchen
Wed 15 SEP	12pm Community Kitchen
Thu 16 SEP	12pm Community Kitchen

Parish Notices



OPEN THE DOOR by Joyce Rupp

We would like to invite anyone who is interested in joining us in the study of 'Open The Door' by Joyce Rupp to give us a call. The book is about journeying to your true self – a very rich resource for opening the doors of our spiritual life! If this appeals to you in any way give it a go and join us. If you are interested please call any one of us: Monique : 0419 212 350, Teresa : 0407 557 127 or Grace 0415 409 637.

Perpetual Day of Remembrance Sunday September 12, 2021

Shine the Light of Christ Vigil

To draw a line of continuity with National Child Protection Week, we invite you to begin our Perpetual Day of Remembrance with a Shine the Light of Christ Vigil. **All communities and individuals are invited to turn/leave on a light on Saturday night September 11,** the last

day of National Child Protection Week and the Vigil Mass for Perpetual Day of Remembrance Sunday. This is a simple and public way to show we stand with survivors, their families and friends, and that we are committed to Shine the Light of Christ.

Prayer for turning on 'the light of Christ'
If there is more than one person, the introductory dialogue will work as indicated below. If you are alone, you might also say the response and omit 'Let us pray.'

Person 1: The light of Christ shines in the darkness

Response: and the darkness shall never overcome it.

Let us pray

God with us, you have made us in your image and filled us with the breath of your divine life. Through the life of Jesus you show us the way to proclaim the greatness of your love in our lives.

As darkness falls may these lights remind us of our mission to shine the light of your love on the darkness of our Church and world.

Create a clean heart in us O God.

Where people are disempowered, May we shine the light of your paschal wisdom. Where there is privilege and prestige, May we shine the light of your humility.

Where there is dishonesty and denial, May we shine the light of your truth.

Where transparency is lacking and agendas are hidden, May we shine the light of your integrity.

Where there is fear, May we shine the light of your courage.

Where there is judgement, May we shine the light of your compassion.

Where there is disrespect, May we shine the light of your love.

Where people feel silenced, May we shine the light of your word.

Where people feel excluded, May we shine the light of your acceptance.

Where there is sin, May we shine the light of your forgiveness.

Create a clean heart in us O God.

For turning off the lights

Day has dawned. As we turn off our lights we commit to shining the light of Christ in all we do throughout our day.



THE LATEST NEWS FROM OUR SAFEGUARDING PROMOTERS

The **Promoters of Safeguarding** continue to endorse a culture of safeguarding within the Parish. To this end, and following the extension to our Covid lockdown, your attention is drawn to **RUOK? DAY** which was celebrated this week. **R U OK?** is a harm prevention charity that encourages people to stay connected and have conversations that can help others through difficult times in their lives. It's time to ask **R U OK?** if you've noticed a change.

Do they seem:

- Confused or irrational
- Unable to switch off
- Concerned they're a burden or about the future
- Lonely or lacking self-esteem
- Concerned they're trapped or in pain

Are they:

- Experiencing mood swings or becoming withdrawn
- Changing their online behaviour
- Losing interest in what they used to love
- Unable to concentrate
- Less interested in their appearance or personal hygiene
- Behaving recklessly
- Changing their sleep patterns.

Are they experiencing:

- Relationship or major health issues
- Work pressure or constant stress
- Financial difficulty
- Loss of someone or something they care about

You don't need to be an expert to reach out - just a good friend and a great listener. Use these four steps and have a conversation that could change a life:

1. Ask R U OK?
2. Listen
3. Encourage action
4. Check in

<https://www.ruok.org.au/how-to-ask>

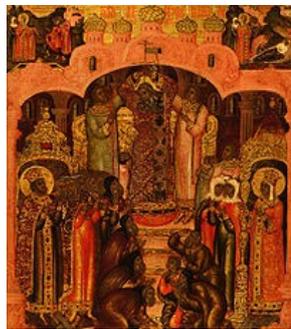
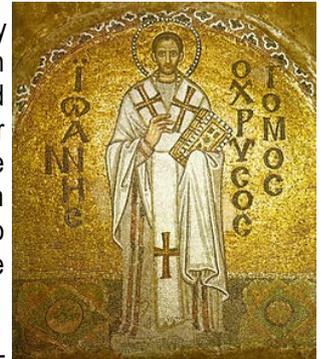


Saints and Feasts



12TH SEPTEMBER HOLY NAME OF MARY This feast day began in Spain in 1513. In 1683 Pope Innocent XI extended the existing Feast of the Most Holy Name of Mary to the universal Church to thank Our Lady for the victory of John Sobieski, king of Poland, over the forces of militant Islam. On September 11th, 1683, Muslim Turks attacked Vienna, threatening the Christian West. The next day, Sobieski, invoking the Blessed Virgin Mary and placing his forces under her protection, emerged victorious. Pope John Paul II restored the feast of the Holy Name of Mary with the publication of the Third Typical Edition of the Roman Missal in 2002. In Hebrew, the name Mary is Miryam. In Our Lady's time, Aramaic was the spoken language, and the form of the name then was Mariam. Throughout the centuries, Saints and scholars have put forth different interpretations for the name "Mary" - a mixture of etymology and devotion. However Star of the Sea certainly seems most accepted. St Thomas Aquinas wrote;" Mary means star of the sea, for as mariners are guided to port by the ocean star, so Christians attain to glory through Mary's maternal intercession."

13TH SEPTEMBER ST JOHN CHRYSOSTOM was born in Antioch in 347 AD and was raised by his widowed mother. After receiving the best education available, he became a monk and lived an austere life in the mountains. He returned to Antioch eight years later to become a deacon and eventually was ordained a priest in 386 AD. St John became a famous preacher and commentator on the Gospels of Matthew and John and the Epistles of Paul. In 397 AD, Emperor Arcadius chose St John to become the Archbishop of Constantinople. He was outspoken in his attempts to reform the corrupt morals of the court, clergy and people. As a result of this he made many enemies, who conspired to have him removed as Archbishop and sent into exile. In the West he is known as one of the Four Greek Doctors of the church.



14TH SEPTEMBER EXALTATION OF THE HOLY CROSS is a celebration and commemoration of God's greatest work: his salvific death on the Cross and His Resurrection, through which death was defeated and the doors to Heaven opened. The entrance antiphon for the Feast of the Exaltation of the Holy Cross is: "We should glory in the cross of our Lord Jesus Christ, for he is our salvation, our life and our resurrection: through him we are saved and made free."

15TH SEPTEMBER OUR LADY OF SORROWS Devotion to the Seven Sorrows of Our Lady has its roots in Sacred Scripture and in Christian piety, which always associates the Blessed Mother with her suffering Son. Today's feast was introduced by the Servites in order to intensify devotion to Our Lady's Sorrows. In 1817 Pius VII — suffering grievously in exile but finally liberated by Mary's intercession — extended the feast to the universal Church. The title "Our Lady of Sorrows" focuses on Mary's intense suffering during the passion and death of Christ. "The Seven Dolors," the title by which it was celebrated in the 17th century, referred to the seven swords that pierced the Heart of Mary.



16TH SEPTEMBER ST CORNELIUS, Pope, martyr, and Cyprian, Bishop, martyr. St Cornelius was elected as pope in 251 AD; a time when Christians were being persecuted. He faced much opposition within the church over the issue of reconciling those who had distanced themselves from the church (apostates) during these dangerous times. St Cyprian was the bishop of Carthage. He supported the pope's view that apostates should be pardoned and welcomed back into the church. A few letters written by Cornelius to Cyprian survive today, including those which were written after he was banished from Rome in 253 AD. Cornelius died in exile most probably from poor health, although it was Cyprian who called him a martyr to the faith.

17TH SEPTEMBER ST ROBERT BELLARMINI. It is said that Robert Bellarmine was so short that he used to stand on a stool to be seen over the high pulpits of Europe. But he was a giant in many other ways. Robert, born in Italy in 1542, was the third of ten children in a family in which prayer and serving others were priorities. He entered the Society of Jesus, the Jesuits, in 1560. Robert was a brilliant student at the Roman College and eventually taught at the University of Louvain in Belgium. His sermons and his defense of the faith were so powerful that people were attracted from all over, and many were converted. Robert was ordained in 1570, became rector at the Roman College in 1592, and was named superior of the Naples province in 1594. By 1598, he was named a cardinal, and in 1602, he became archbishop of Capua. He was called to Rome in 1605 to work in defense of the Church against heresies. Robert, who was advisor to five popes, was involved in many controversies. One involved the teachings of the scientist Galileo, who was also Robert's friend. In 1931, Robert was declared a Doctor of the Church. Like Saint Robert, let us use all our gifts from God. May we study hard, pray often, and serve others so that the world will see the greatness of our God.



Why We Do The Things We Do

bite-size explanations of Catholic practices

The Penitential Rite: 'To prepare ourselves to celebrate the sacred mysteries, let us call to mind our sins,' says the celebrant at the penitential rite. Far from being a negative focus, the emphasis of this prayer is the infinite love of our compassionate God, personified in Jesus. In a healthy family, members are not afraid to recognize that they are always in need of forgiveness. Similarly, for our faith family, the penitential rite is one way of acknowledging that we always stand in need of reconciliation. This part of the Mass often includes the 'Kyrie eleison' ('Lord have mercy') which is one of the most ancient of Christian responses.

Why do we sign ourselves before the Gospel? The Church distinguishes between the 'large' sign of the cross (made with right hand outstretched on forehead, chest and shoulders) and the 'small' sign of the cross (made with the thumb on forehead, mouth and chest). With this latter action just prior to the reading of the Gospel, we are asking God's blessing upon our thoughts, words and desires. Next time you make this sign, be aware that you are praying to open yourself to God's Word.

The Sunday readings: Does your family enjoy looking back over treasured photo albums and re-telling the stories behind the pictures? While every historic detail of your ancestry may not be recorded, the photos do capture the highlights and carry a 'sense' of your family's history, identity and values. The scriptures are a bit like that. They are our faith family's 'photo album', the inspired recordings of our ancestors, re-telling the stories of God's revelation in their midst. As you listen to the readings each Sunday at Mass, allow God to speak to you through the stories of your faith heritage.

Why do we say 'alleluia'? Alleluia comes from the Hebrew word which means 'Praise God'. It appears as a prayer in the Old Testament psalms and as the chant of the saints in heaven in the Book of Revelation. It was adopted by the Christian liturgy as the response of those redeemed through Christ. In the Mass, the alleluia verse is our way of responding to the second reading and preparing for the proclamation of the Gospel. For Christians, 'alleluia' is a bit like a cheer leader's whoop! It reeks of celebration, life, strength, freedom and all those wonderfully liberating qualities offered us through the resurrection of Jesus. To mutter it is to contradict its meaning!

Are the 7 Sacraments clearly seen in Sacred Scripture?

BAPTISM

Baptism was considered the first and foundational sacrament for the early Church. References to it can be found throughout the New Testament, including Matthew 3:16; 28:19; Mark 1:8, 16:16; John 3:5; Acts 1:4-5; 2:38; 8:16; 8:36-38; 11:16; 22:16; Romans 6:3-4; 1 Corinthians 12:13; Ephesians 5:25-26; Colossians 2:12; and 1 Peter 3:20-21.

CONFIRMATION

The first mention of the completion of baptism by the coming of the Holy Spirit is the account of Pentecost in Acts 2. Acts 19:3-6 makes it clear that baptism and confirmation are two separate, sacramental signs. In Hebrews 6:2, baptism and laying on of hands (confirmation) are seen as separate as well. Other Scriptures referencing confirmation include John 14:16; and Acts 8:14-17; 19:3-6.

EUCCHARIST

The Eucharist was clearly established at the Last Supper, as recounted in Matthew 26:26-29. Additional references to the Breaking of the Bread can be found in Luke 24:35; Acts 2:42; and 1 Corinthians 11:24-27.

PENANCE

As Catholics, we understand that Jesus gave the authority to forgive sin to the apostles (see Matthew 16:19 and John 20:21-23). This authority has been passed down through bishops and priests to the present day as part of the power to "bind and loosen."

ANOINTING OF THE SICK

Healing the sick was a vital part of Jesus' ministry, and it was carried on by his disciples after his Resurrection. The specific call for anointing is spelled out in James 5:13-15, calling for prayers by the elders and anointing with oil for the sick.

HOLY ORDERS

Catholics have always believed that Jesus instituted the sacrament of holy orders at the Last Supper when he commissioned his apostles by saying, "Do this in remembrance of me" (Luke 22:19). In the rest of the New Testament, we can see the pattern of passing down this authority and responsibility. Some of the passages that relate to holy orders include Acts 6:3-6; 13:2-3; and 1 Timothy 3:1; 3:8-9; 4:16; 5:17-19; 5:22.

MATRIMONY

Jesus' first miracle was performed at the wedding feast of Cana (see John 2:1-11), indicating the importance of marriage. Through both the Old and the New Testament, the relationship between God and his people is often described in marital terms. In the New Testament, some of the Scriptures that show matrimony to be a sign of Christ and the Church, as well as a special bond between man and woman, are Matthew 19:10-11 and Ephesians 5:31-32.

PLEASE REMEMBER IN YOUR PRAYERS:



Recently Deceased: Diane McDonald

Anniversary: John Fazio, Norah Sophia Nebauer, John Thomas Hoole, Clare Elizabeth Hoole, Athol John Hoole, Matthew Joseph Roughan & Phillip Arthur Prowse

We remember and pray for those who are ill at home and in hospital at this time, may they know the healing presence of Christ:

Please submit names for the prayers for the sick to forster-tuncurry.parish@mn.catholic.org.au. Thank you

People will remain on the prayers for the sick for 4 weeks and will then be taken off automatically. You can resubmit names as needed.

UNIVERSAL PRAYER

PERPETUAL DAY OF REMEMBRANCE

- Fr:** Brothers and Sisters, let us pray to the God of light and truth for our needs and those of the world.
- Reader:** For the gift of wisdom and humility. God of mercy:
- All:** **Hear our prayer.**
- Reader:** For the gift of truth and integrity. God of mercy:
- All:** **Hear our prayer.**
- Reader:** For the gift of love and compassion. God of mercy:
- All:** **Hear our prayer.**
- Reader:** For the gift of courage and forgiveness. God of mercy:
- All:** **Hear our prayer.**
- Reader:** For the gift of acceptance and freedom. God of mercy:
- All:** **Hear our prayer.**
- Reader:** For those who have been affected by abuse. God of mercy:
- All:** **Hear our prayer.**
- Reader:** For those who are sick. God of mercy:
- All:** **Hear our prayer.**
- Reader:** For those who have died including Diane McDonald, John Fazio, Norah Sophia Nebauer, John Thomas Hoole, Clare Elizabeth Hoole, Athol John Hoole, Matthew Joseph Roughan & Phillip Arthur Prowse. God of mercy :
- All:** **Hear our prayer.**
- Fr:** God of the living and the dead, in Jesus you raise us up to shine your light in the dark places of our world. Hear these prayers and help us to always remember how much we are loved. We ask this through your Son, Jesus Christ our Lord.
- All:** **Amen.**

Sunday 12 Sep 2021

PETPEUAL DAY OF REMEMBRANCE

First Reading

A reading from the prophet Ezekiel (37:1-14)

The hand of the Lord was laid on me, and he carried me away by the spirit of the Lord and set me down in the middle of a valley, a valley full of bones. He made me walk up and down among them. There were vast quantities of these bones on the ground the whole length of the valley; and they were quite dried up. He said to me, 'Son of man, can these bones live?' I said, 'You know, Lord.'" He said, 'Prophesy over these bones. Say, "Dry bones, hear the word of the Lord. The Lord says this to these bones: I am now going to make the breath enter you, and you will live. I shall put sinews on you, I shall make flesh grow on you, I shall cover you with skin and give you breath, and you will live; and you will learn that I am the Lord."

I prophesied as I had been ordered. While I was prophesying, there was a noise, a sound of clattering; and the bones joined together. I looked, and saw that they were covered with sinews; flesh was growing on them and skin was covering them, but there was no breath in them. He said to me, 'Prophesy to the breath; prophesy, son of man. Say to the breath, "The Lord says this: Come from the four winds, breath; breathe on these dead; let them live!"' I prophesied as he had ordered me, and the breath entered them; they came to life again and stood up on their feet, a great, an immense army.

Then he said, 'Son of man, these bones are the whole House of Israel. They keep saying, "Our bones are dried up, our hope has gone; we are as good as dead." So prophesy. Say to them, "The Lord says this: I am now going to open your graves; I mean to raise you from your graves, my people, and lead you back to the

soil of Israel. And you will know that I am the Lord, when I open your graves and raise you from your graves, my people. And I shall put my spirit in you, and you will live, and I shall re-settle you on your own soil; and you will know that I, the Lord, have said and done this it is the Lord who speaks."

The Word of the Lord.

All: Thanks be to God.

Responsorial Psalm

Ps 41:2-3; 42:3-4. R. see Ps 41:3

(R.) My soul is thirsting for the living God.

1. Like the deer that yearns for running streams, so my soul is yearning for you, my God. (R.)

2. My soul is thirsting for God, the God of my life; when can I enter and see the face of God? (R.)

3. O send forth your light and your truth; let these be my guide. Let them bring me to your holy mountain to the place where you dwell. (R.)

4. And I will come to the altar of God, the God of my joy. My redeemer, I will thank you on the harp, O God, my God. (R.)

Second Reading

A reading from the letter of St Paul to the Romans (14:7 – 9)

The life and death of each of us has its influence on others; if we live, we live for the Lord; and if we die, we die for the Lord, so that alive or dead we belong to the Lord. This explains why Christ both died and came to life, it was so that he might be Lord both of the dead and of the living.

The Word of the Lord.

All: Thanks be to God.

Gospel Acclamation

Phil 2:15-16

All: Alleluia, alleluia!

Shine in the world like bright stars; you are offering it the word of life.

Alleluia!

Gospel

Mary said:

'My soul proclaims the greatness of the Lord and my spirit exults in God my saviour; because he has looked upon his lowly handmaid. Yes, from this day forward all generations will call me blessed, for the Almighty has done great things for me. Holy is his name, and his mercy reaches from age to age for those who fear him.

'He has shown the power of his arm, he has routed the proud of heart. He has pulled down princes from their thrones and exalted the lowly. The hungry he has filled with good things, the rich sent empty away. He has come to the help of Israel his servant, mindful of his mercy – according to the promise he made to our ancestors – of his mercy to Abraham and to his descendants for ever.' Mary stayed with Elizabeth about three months and then went back home.

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

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Readings for Next Week 18/19 Sep

First Reading

Wis 2:12, 17-20 The wicked put God to the test.

Responsorial Psalm

Ps 53:3-6. 8. R. v.6 (R.) The Lord upholds my life.

Second Reading

Jas 3:16 – 4:3 Wisdom versus jealousy and strife.

Gospel Acclamation

See 2 Thes 2:14 Alleluia, alleluia! God has called us with the gospel to share in the glory of our Lord Jesus Christ. Alleluia!

Gospel

Mk 9:30-37 Jesus teaches that to rank first, disciples must serve all.

THE ORDER OF MASS

THE INTRODUCTORY RITES

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen. either:

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. **And with your spirit.** or:

Grace to you and peace from God our Father and the Lord Jesus Christ. **And with your spirit.** or:

The Lord be with you. **And with your spirit.**

PENITENTIAL ACT

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries. either:

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, (striking the breast) through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.** or:

Have mercy on us, O Lord.

For we have sinned against you.

Show us, O Lord, your mercy.

And grant us your salvation.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.** or:

You were sent to heal the contrite of heart:

P: Lord, have mercy or: **P:** Kyrie, eleison.

R: Lord, have mercy or: **R:** Kyrie, eleison.

You came to call sinners:

P: Christ have mercy or: **P:** Christe, eleison.

R: Christ have mercy or: **R:** Christe, eleison.

You are seated at the right hand of the Father to intercede for us:

P: Lord, have mercy or: **P:** Kyrie, eleison.

R: Lord, have mercy or: **R:** Kyrie, eleison.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.**

The Kyrie follows, unless it has occurred in the Penitential Act. either:

P: Lord, have mercy. **R:** Lord, have mercy.

P: Christ, have mercy. **R:** Christ, have mercy.

P: Lord, have mercy. **R:** Lord, have mercy.

or:

P: Kyrie, eleison.

R: Kyrie, eleison.

P: Christe, eleison.

R: Christe, eleison.

P: Kyrie, eleison.

R: Kyrie, eleison.

Gloria (when said)

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Let us pray. At the end of the Collect, the people acclaim: **Amen.**

THE LITURGY OF THE WORD

At the end of the reading:

The word of the Lord. **Thanks be to God.**

At the Gospel:

The Lord be with you. **And with your spirit.**

A reading from the holy Gospel according to N.

Glorify to you, O Lord.

At the end of the Gospel:

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come

again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, (all bow) born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

THE LITURGY OF THE EUCHARIST

Pray, brethren ... the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

At the end of the prayer, the people acclaim:
Amen.

THE EUCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God. **It is right and just.**

After the Preface

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The mystery of faith. either:

We proclaim your Death, O Lord, and profess your Resurrection until you come again. or:

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again. or:

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

Through him, and with him, ... for ever and ever.
Amen.

THE COMMUNION RITE

At the Saviour's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven...

Deliver us, Lord, we pray, from every evil...

For the kingdom, the power and the glory are yours now and forever.

Lord Jesus Christ, who said to your Apostles...

Who live and reign for ever and ever.

Amen.

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

Lamb of God, you take away the sins of the world, have mercy on us. (X2)

Lamb of God, you take away the sins of the world, grant us peace.

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

The Body of Christ. **Amen.**

The Blood of Christ. **Amen.**

Let us pray. At the end of the prayer, the people acclaim:
Amen.

THE CONCLUDING RITES

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the † Son, and the Holy Spirit. **Amen.**

either:

Go forth, the Mass is ended. or:

Go and announce the Gospel of the Lord. or:

Go in peace, glorifying the Lord by your Life. or:

Go in peace.

Thanks be to God.

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POPE FRANCIS
ANGELUS
Saint Peter's Square
Sunday, 5 September 2021

Dear brothers and sisters, buongiorno!

The Gospel for today's liturgy presents Jesus who heals a deaf man with a speech impediment. What is striking about this story is how the Lord performs this prodigious sign. He took the deaf man aside, put his finger into the man's ears, and touched his tongue with saliva. Then he looked up to heaven, groaned, and said to him: "Ephphatha", that is, "Be opened!" (cf Mk 7:33-34). In other healings, for infirmities as serious as paralysis or leprosy, Jesus did not do as many things. So why does he do all of this, even though they had only asked him to lay his hands on the sick man (cf. v.32)? Maybe it was because that person's condition had a particularly symbolic value. The condition of deafness is also a symbol that can say something to all of us. What is this about? Deafness. That man was unable to speak because he could not hear. To heal the cause of his infirmity, Jesus, in fact, placed his fingers first of all in the man's ears, then his mouth, but his ears first.

We all have ears, but very often we are not able to hear. Why is this? Brothers and sisters, there is an interior deafness that we can ask Jesus to touch and heal today. It is interior deafness, which is worse than physical deafness, because it is the deafness of the heart. Taken up with haste, by so many things to say and do, we do not find time to stop and listen to those who speak to us. We run the risk of becoming impervious to everything and not making room for those who need to be heard. I am thinking about children, young people, the elderly, the many who do not really need words and sermons, but to be heard. Let us ask ourselves: how is my capacity to listen going? Do I let myself be touched by people's lives? Do I know how to spend time with those who are close to me in order to listen? This regards all of us, but in a special way also priests. The priest must listen to people, not in a rushed way, but listen and see how he can help, but after having listened. And all of us: first listen, then respond. Think about family life: how many times do we talk without listening first, repeating the same things, always the same things! Incapable of listening, we always say the same things, or we do not let the other person finish talking, expressing themselves, and we interrupt them. Starting a dialogue often happens not through words but silence, by not insisting, by patiently beginning anew to listen to others, hearing about their struggles and what they carry inside. The healing of the heart begins with listening. Listening. This is what restores the heart. "But Father, there are boring people who say the same things over and over again..." Listen to them. And then, when they have finished talking, you may speak, but listen to everything.

And the same is true with the Lord. It is good to inundate Him with requests, but it is better that we first of all listen to him. Jesus requests this. In the Gospel, when they ask him what is the first commandment, he answered: "Hear, O Israel". Then he added the first commandment: "You shall love the Lord your God with all your heart...(and) your neighbor as yourself" (Mk 12:28-31). But first of all, "Hear, O Israel". Do we remember to listen to the Lord? We are Christians, but sometimes with the thousands of words we hear every day, we do not find a moment to let a few words of the Gospel resound in us. Jesus is the Word: if we do not stop to listen to Him, He moves on. Saint Augustine said, "I fear that Jesus will pass by me unnoticed." And the fear was to let Him pass by without hearing Him. But if we dedicate time to the Gospel, we will find the secret for our spiritual health. This is the medicine: every day a little silence and listening, fewer useless words and more of the Word of God. Always with the Gospel in your pocket that can help greatly. Today, as on the day of our Baptism, we hear the

words of Jesus addressed to us: "Ephphatha, be opened!" Open your ears. Jesus, I want to open myself to your Word; Jesus, open myself to listening to you; Jesus, heal my heart from being closed, heal my heart from haste, heal my heart from impatience.

May the Blessed Virgin Mary, who was open to hearing the Word which became flesh in her, help us every day to listen to her Son in the Gospel and to our brothers and sisters with a docile heart, with a patient heart, and with an attentive heart.

After the Angelus the Holy Father continued:

Yesterday, in Catamarca (Argentina), Mamerto Esquiú, Friar Minor and Bishop of Cordoba, was beatified. Finally, an Argentinean Blessed! He was a zealous proclaimer of the Word of God in building up the Church and civil society. May his example help us to always unite prayer and the apostolate, and to serve peace and fraternity. Let us applaud together the new Blessed!

In these troubled times that see Afghans seeking refuge, I pray for the most vulnerable among them. I pray that many countries will welcome and protect those seeking a new life. I pray also for the internally displaced persons and that they may receive assistance and the necessary protection. May young Afghans receive education, an essential good for human development. And may all Afghans, whether at home, in transit, or in host countries, live with dignity, in peace and fraternity with their neighbours.

I assure my prayers for the people of the United States of America who have been hit by a strong hurricane in recent days. May the Lord receive the souls of the deceased and sustain those suffering from this calamity.

In the coming days the Jewish New Year, Rosh Hashanah, will be celebrated. And then the two feasts of Yom Kippur and Sukkot. I extend my heartfelt good wishes to all my brothers and sisters of the Jewish religion: may the New Year be rich in fruits of peace and good for those who walk faithfully in the Lord's Law.

Next Sunday I will travel to Budapest for the conclusion of the International Eucharistic Congress. My pilgrimage will continue after the Mass for a few days in Slovakia, and will conclude the following Wednesday with the great popular celebration of Our Lady of Sorrows, Patroness of that country. These will be days marked by adoration and prayer in the heart of Europe. While I greet affectionately those who have prepared this journey - and I thank you - and those who await me and whom I myself wholeheartedly wish to meet, I ask everyone to accompany me in prayer, and I entrust the visits I will undertake to the intercession of so many heroic confessors of the faith, who in those places bore witness to the Gospel amid hostility and persecution. May they help Europe to bear witness today also, not so much in words but above all in deeds, with works of mercy and hospitality, the good news of the Lord who loves us and saves us. Thank you!

And now my greetings to you, dear Romans and pilgrims! In particular, I offer my best wishes to the Legion of Mary, which is celebrating its hundredth anniversary: May God bless you and may the Virgin protect you! I greet the young people of "Opera della Chiesa", the children of Faenza and those of Castenedolo who have received Confirmation and First Communion, the group from Arta Terme and the Polish and Lithuanian faithful accompanied by their friends from Abruzzo.

Today is the memorial of Saint Teresa of Calcutta, known to all as Mother Teresa. A big round of applause! I address my greetings to all the Missionaries of Charity, working around the world and offering often heroic service. I am thinking in particular of the Sisters of the "Dono di Maria" (Gift of Mary homeless shelter), here in the Vatican.

I wish everyone a good Sunday. Please do not forget to pray for me. Enjoy your lunch and arrivederci!

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What's happening in the Diocese and Surrounds...

aMeN caMiNo

aMeN caMiNo Expressions of Interest are now open for 2022.

Dates for 2022 are May 28 - June 1, June 18-22, July 2-6, July 9-13 & August 6-10.

For more information and to register your interest, go to <https://www.mn.catholic.org.au/church-mission/catholic-life/adult-faith-formation/amen-camino/>

or contact formed@mn.catholic.org.au

Humanitarian crises Afghanistan and Lebanon

As the situations in Afghanistan and Lebanon deteriorate, you can help to support families caught up in the crises.

In Afghanistan, people have been forced from their homes, with half of the population in urgent need of food, water, shelter and protection.

In Lebanon, the country is running out of power, water, fuel, medicine and food. Even hospitals are facing massive fuel shortages and will soon have to turn off the lights.

Please donate to Caritas Australia so that we are able to respond to crises like these and others across the world.

Visit caritas.org.au/lebanon or www.caritas.org.au/afghanistan or call 1800 024 413 toll free to provide much needed support.

Seasons of Creation Celebration

This year the Diocese of Maitland-Newcastle, is partnering with Seasons of Creation to help raise awareness of the urgent need to care for the earth and for one another.

Join us to hear guest speakers break open this years Season of Creation theme, "A Home for All? Renewing the Oikos of God".

Finalists from the film competition will be viewed and the winner will be announced.

For more information on the film competition go to: www.mn.catholic.org.au/church-mission/catholic-life/adult-faith-formation/upcoming-events/

Time: 2:00 P M

Date: Saturday, 25 September 2021

More information: <https://www.eventbrite.com.au/e/season-of-creation-tickets-167271083313>

Plenary Council Conversations

In preparation for the upcoming First Assembly of the Fifth Plenary Council our Diocesan Plenary Council members Bernadette Gibson, Fr Andrew Doohan VG, and Helen Belcher are seeking input from our diocesan community.

You are invited to join them for a series of conversations around the Plenary Council agenda and its associated questions, and guided by the Holy Spirit, so they can hear from as many people as possible. Plenary Conversations will be over a number of weeks each Thursday from 26/8 to 30/9 - 7.00pm to 8.30pm via Zoom.

Program for Plenary Council Conversations:

Online Registration is now open to register for all or one of the conversations: <https://www.eventbrite.com.au/e/plenary-council-lead-up-conversations-tickets-168063956819>

Thursday 26/8 – Conversion

Thursday 2/9 – Formation

Thursday 9/9 – Prayer

Thursday 16/9 – Structures

Thursday 23/9 – Governance

Thursday 30/9 – Institutions

Join our Diocesan Councils

Our Diocesan Councils need you! Becoming a Council volunteer is a wonderful opportunity to not only meet fellow members who share your interests, but also to make a difference in an area you're passionate about!

Pastoral Ministries are seeking expressions of interest for these Councils:

Diocesan Aboriginal and Torres Strait Islander Catholic Ministry Council

Diocesan Adult Faith Formation Council

Diocesan Council for Ministry with Young People

Diocesan Council for Women

Diocesan Ecumenical and Interfaith Council

Diocesan Social Justice Council

Check out our Information Pack to find a Council that interests you! You can submit an Expression of Interest Form. <https://www.mnnews.today/>

"Amoris Laetitia Family Year " 19 March 2021- 26 June 2022

The "Amoris Laetitia (The Joy of Love) Family Year" is an initiative of Pope Francis, which aims to reach every family around the world through several spiritual, pastoral and cultural proposals that can be implemented within parishes, dioceses, universities, ecclesial movements and family associations.

Over the course of ten monthly episodes, hear the Holy Father talk about each of the chapters of the Apostolic Exhortation Amoris Laetitia, along with the testimonies of different families who will share some aspects of their daily lives.

This initiative is a joint collaboration between the Dicastery for the Laity, Family and Life and Vatican News, and aims to facilitate the reading of the Apostolic Exhortation, with the aid of downloadable material prepared for personal and community reflection.

To access this resource:

<http://www.laityfamilylife.va/content/laityfamilylife/en/amoris-laetitia/iniziativa-e-risorse/10-video-amoris-laetitia.html>

Invitation to online Peace Conference Sept 16-26th Sept

The Raising Peace Festival, being held online from 16 - 26 September 2021 is part of the world-wide observance of the International Day of Peace on September 21. Each year on this day, the United Nations calls for 24 hours of non-violence and cease-fire.

30+ organisations have come together to present some 30 events exploring the significance of peace to First Nations people, women, youth, refugees and the environment. It will look at the different ways we define and understand peace, from the absence of war to peacekeeping, peacebuilding and peacemaking. It will equip participants with inspiration and ideas to make their own contribution to peace.

Join us as we celebrate and express the necessity for peace through panel discussions, webinars, forums, workshops, films and more. Join us in moving towards a world that is less war-ravaged, more equal, just, inclusive, sustainable, humane and healthy. raisingpeace.org.au

Parent Support during Covid-19

Parent Line - 1300 1300 52

Parent Line is a telephone help line for parents and carers of children aged 0-18 years in the state of NSW, Australia. They provide support, information, referral and counselling.

Cyber safety for parent

What are your children doing online? This video is a guide to talking points with your children to help keep them safe in an online environment.

<https://www.youtube.com/watch?v=WY19TzN5KbQ>

Family Referral Service

The Family Referral Service (FRS) brings together families, support services and community resources so that our children and young people are safe and well.

FRS with all services to find out what best supports young people and families and their children, and what can be done to improve community resources.

<https://www.health.nsw.gov.au/parvan/childprotect/Pages/family-referral-services.aspx>

How do you explain Covid-19 to kids?

ABC Radio National's Life Matters program recently featured an episode focused on talking to children about coronavirus

<https://www.abc.net.au/radionational/programs/lifematters/how-do-you-explain-covid-19-to-kids/12072840>

6 strategies for teens facing a new (temporary) normal.

Unicef is publishing resources aimed at talking to children and young people about coronavirus and helping to manage anxiety- <https://www.unicef.org/coronavirus/how-teenagers-can-protect-their-mental-health-during-coronavirus-covid-19>

This is a prayer for those unable to be at Mass or unable to receive Holy Communion

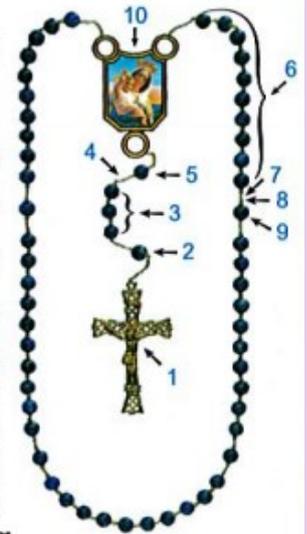
Spiritual communion

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.

Amen.

How to Pray the Rosary

1. Make the "Sign of the Cross" and pray the "Apostles' Creed."
2. Pray the "Our Father."
3. Pray three "Hail Marys."
4. Pray the "Glory be to the Father."
5. Announce the First Mystery, then pray the "Our Father."
6. Pray ten "Hail Marys," while meditating on the Mystery.
7. Pray the "Glory be to the Father."
8. After each decade pray the "Fatima Prayer" on the last page, requested by the Blessed Virgin Mary at Fatima.
9. Announce the Second Mystery, then pray the "Our Father." Repeat 6, 7 and 8 and continue with the Third, Fourth and Fifth Mysteries in the same manner.
10. Pray the "Hail, Holy Queen" after the five decades are completed and conclude with the "Sign of the Cross."



The Angelus

V. The Angel of the Lord declared unto Mary:

R. And she conceived of the Holy Spirit.

Hail Mary...

V. Behold the handmaid of the Lord:

R. Be it done unto me according to thy word.

Hail Mary...

V. And the word was made flesh:

R. And dwelt among us.

Hail Mary...

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord.

R. Amen.



BAPTISMS

Celebrated most Sundays.
Bookings via the Parish website

MARRIAGE

Celebrated by arrangement with at least 3 months notice. Bookings via the parish website

SACRAMENTAL PROCESS

Enrolment via the Parish Website

RITE OF CHRISTIAN INITIATION OF ADULTS

(RCIA) Parish Office 02 6554 6401

CATHOLIC CARE

Phone: 02 6539 5900 for services provided in Forster



PARISH TEAM

Fr Peter Street - Parish Priest
Peter.street@mn.catholic.org.au
Emergency Contact: 0458 327 219

Danielle Kingdom

Admin Assistant
danielle.kingdom@mn.catholic.org.au

Office Hours:

Mon-Fri 9.00am- 3.30pm
Phone: 02 6554 6401

Website:

www.forstertuncurrycatholic.org.au

Follow us on facebook:

@catholicparishofforstertuncurry

Feedback, complaints or concerns can be communicated directly to the Parish Office, through our website (Contact Us) or if the concern is relating to the safety of a child, contact the Office of Safeguarding: 02 4979 1390 childprotection@mn.catholic.org.au

COMMUNITY KITCHEN

Serving meals to the community from the Parish Hall
Tue, Wed & Thurs 12pm-1pm

PARISH GROUPS

Christian Meditation

Forster Tues 9.30am
Monica 02 6555 7038
Hallidays Point Wed 10am
John 0417 249 466

Social Justice Group

Tim Prescott 6555 8517

Gardening Group

3rd Thursday of the month, 8am
Church grounds.
David Olliffe 0424 369 485

Family and Friends Group

Meets monthly, contact Carol and Terry Pearson on 0408768729.

Singing Practice

Ken Heffernan 02 6554 6401
(see parish timetable)

Holy Hour

Tues 3.30pm & Thurs 4.30pm in the Church

Finance Council

3rd Wednesday of the month, 5pm
Meeting Room

Pastoral Council

1st Thursday of the month, 6.00pm
Meeting Room

Novena to our Lady of Perpetual Help and Rosary

Wed 11.00am in the Church
Shiony 0411 493 086

Secular Franciscan

Fraternity

4th Sunday of the month 9.30am

The above groups are all subject to Covid-19 restrictions, please enquire before attending.



SUNDAY MASS TIMES

Sat 5.00pm, Sun. 8.00am, 10.00am & 12.00pm

Registration through the parish website is required

RECONCILIATION

9.00am Saturday and during Holy Hour

YOUTH MASS

3rd Sunday of the month, will resume once restrictions have eased.

AGED CARE MASSES (Subject to change)

GLAICA: **2nd Tues 10.30am**
Estia Forster: **3rd Tues 10.00am**



CATHOLIC SCHOOLS

Holy Name Catholic School K-6

41 Lake Street, Forster

Ph: 02 6554 6504

E: admin@forster.catholic.edu.au

W: www.forster.catholic.edu.au

Principal: Brooke Stephens

St Clare's High School 7-12

Davis Street, Taree

P: 02 6552 3300

E: Admin@tareesc.catholic.edu.au

W: www.tareesc.catholic.edu.au

Principal: Peter Nicholls

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