



# Bridgeside Bulletin



*The weekly Bulletin of the Catholic Parish of Forster Tuncurry*

*"Unity in Christ"*

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***We acknowledge the Worimi people - the traditional custodians of this place***

**SUNDAY 25 JULY 2021,**

**SEVENTEENTH SUNDAY IN ORDINARY TIME YEAR B**

Dear Brothers and Sisters.

On Tuesday night there was an immensely import event in the life of our parish. A couple of dozen of our young people were Confirmed in the faith. This was a wonderful night. The children were very well prepared and were excited to receive this Sacrament. The parents were very touched by the message from the Bishop explaining that he could not be present and of his assurances of prayers. Prayers were asked for the Bishop and his recovery as well. A few photos are printed inside the bulletin and more are on the website. The Bishop, remains unwell. Please continue to pray for him and his recovery.

Last week there were envelopes handed out with the bulletin, these were from Catholic Care seeking donations for the community kitchen. I ask that you return these when and if you are able with any assistance that you can provide. I have noticed in the last few weeks an increase in the number of people seeking assistance from this important service. As well as any financial assistance that you might be able to give, I ask that you consider volunteering your time to the kitchen. If you are able to do this please contact Catholic Care via our parish office. For any help that you are able to provide, I thank you.

Last week during my homily I set a challenge for you. I asked you to spend just 5 minutes a day extra with God in silence. No television, no phone, no social media, no distractions of any sort. I wonder how you did. Did this little exercise increase the opportunity to listen to God, "with the ear of the heart" as St. Benedict might say? The ability to spend time nurturing our relationship with God in the silence is an important part of our discipleship. Hence the reason that I am happy to continue with the Holy hour on Tuesday and to introduce one on Thursdays. That is why I am happy once a month to have a period of perpetual adoration for 24hrs, if there are enough people who show interest in being involved. I said last week that I wonder if we could spread the word about this around the community so that we might be able to pray for the needs of the whole community. Please do contact the office if you are interested in taking part.

You will have noticed a change in the bulletin the last few weeks. It has been expanded. It is now a 12 page document. I intend to use it as an opportunity to increase the amount of parish and diocesan news that is available, communication after all is important. I will also include, from time to time, things that are of importance to the Church at an international level, hence the inclusion each Sunday of the Holy Father's Angelus message, from the week before. I will continue to include information about the Saints and Feasts that are to be marked in the coming week. There will continue to be the readings and a commentary of the Scriptures. I wonder what people think about this? Is this good, bad or indifferent?

With Love.

Fr. Peter.

## Parish Timetable

**WEEKDAY MASS**  
26 JUL—31 JUL  
TUE: 4.30pm  
WED: 9.00am  
FRI: 9.30am  
Sat: 9.30am

Sun 25 JUL	9.30am Franciscan Meeting
Mon 26 JUL	9am Counters Team 3
Tue 27 JUL	9.30am Christian Meditation 12pm Community Kitchen 3.30pm Holy Hour, followed by Benediction
Wed 28 JUL	11am Novena to Our Lady of Perpetual Help 12pm Community Kitchen
Thu 29 JUL	12pm Community Kitchen
Sat 31 JUL	Readers formation after 9.30am Mass



## Parish Notices

**Parish Social Outing:** After a suggestion from a parishioner to have more social events within the Parish, Fr Peter would like to organise a day out at the Tuncurry Racetrack on the 10th of Sep for the Gold Cup. If you are interested in attending this event please leave your name with the Parish Office and we will send out further details for the outing in the coming weeks.

**Eucharistic Adoration and Holy Hour:** Fr Peter will commence Thursday Mass on the first Thurs in Aug 5/8/21 at 5.30pm. Eucharistic Adoration and Holy Hour will commence before Thurs Mass on 5/8/21 at 4.30pm.

## What's happening locally...

### Fr Greg's Farewell and Thanksgiving Liturgy

The Forster Tuncurry Parish community would like to thank Fr Greg for his service to all parishioners and celebrate and give thanks for the gifts and good works of Fr Greg.

**Holy Name will be celebrating a Farewell and Thanksgiving Liturgy on Thursday 12 August at 1pm in the Mary Mackillop Hall for students and parents, teachers, and parishioners of the Forster Tuncurry Parish.**

Following the Liturgy there will be an afternoon tea in the hall, please feel free to bring a plate to share. Please phone the school office to register (02) 6554 6504

### READERS FORMATION

After 9.30am Mass on the 31st of July, all current readers and anybody who would like to take up this ministry are asked to attend a formation session. We will be using the powerful points program and a few other resources as well as having a practice.

### BIBLE STUDY GROUP

There will be a bible study group to start in August. Would those interested please contact office and leave details. I will be using the Ascension Press "Unlocking the Mysteries of the Bible" Programme. We deepen our relationship with God by deepening our understanding of Sacred Scripture. Fr Peter.

### World Day for Grandparents and the Elderly – Sunday 25 July 2021

On this first World Day for Grandparents and Elderly we encourage all young people in our parish to visit their grandparents, and especially the elderly who are alone, to give them the Holy Father's message. Resources have been emailed out with bulletin. If you would like a printed copy please contact the parish office.



**I AM WITH YOU ALWAYS**  
www.catholic.org.au/grandparents  
#IAMWITHYOUALWAYS

WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

## THE LATEST NEWS FROM OUR SAFEGUARDING PROMOTERS

The *Promoters of Safeguarding*, continue to endorse a culture of safeguarding within the Parish by visiting the ten National Catholic Safeguarding Standards and highlighting safeguarding issues within these standards. To this end, your attention is drawn to Safeguarding pamphlets located in the church. The first such pamphlet to be highlighted is **'Reporting abuse and neglect'** which provides information for parents, carers and other adults under **National Safeguarding Standard 6: Effective Complaints Management.**

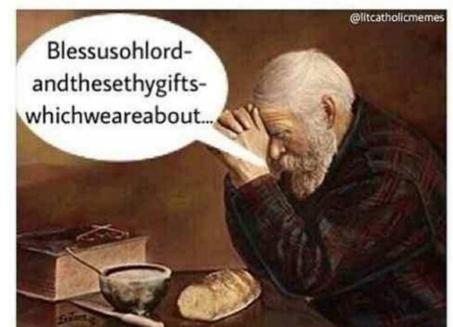
Issues addressed include:

- What is child abuse and neglect?
- Obligations for families
- How can a risk of significant harm (RoSH) be made?

If you are concerned about possible abuse or neglect, then the following procedures are suggested:

1. Consult the **Mandatory Reporters Guide** which is an online tool developed by the NSW Government to help you determine whether your concerns constitute a RoSH <https://officeofsafeguarding.org.au/reporting-abuse/mrg-mandatory-reporters-guide/>  
OR
2. Contact the **Office of Safeguarding** for advice on 02 4979 1390  
OR
3. If you are aware that a child is in immediate danger, call triple zero 000  
OR
4. RoSH reports can be made to the **NSW Department of Communities & Justice** 24 hr Helpline by telephone on

No rapper can speak as fast as a hungry Catholic saying Grace before meals



## Saints and Feasts



**25TH JULY ST JAMES, APOSTLE** James, with Peter and John are a group of three privileged disciples whom Jesus admitted to important moments in his life. Present for the Transfiguration event (Mk 9:2-8) they attend our Lord during his agony in the garden of Gethsemane. (Mk 14:32-42). We know nothing of St. James's early life. He was the brother of John, the beloved disciple, and the Synoptic Gospels tell us only that James and John were with their father by the Sea of Galilee when Jesus called them to follow him. The only apostle whose martyrdom is recorded in the New Testament, James is traditionally believed to be the first of the twelve apostles martyred for his faith. Pope Benedict in reflecting on the apostles observed that James' journey from the mount of the Transfiguration to the mount of Agony symbolises the entire pilgrimage of Christian life. In following Jesus, like St James he says, we know that even in difficulties we are on the right path.

**26TH JULY STS JOACHIM AND ANNE**, Parents of the Blessed Virgin Mary Joachim was the husband of Saint Anne and the father of Mary the mother of Jesus, The story of Joachim and Anne first appears in the apocryphal Gospel of James. Joachim and Anne are not mentioned in the Bible. According to tradition, Saint Anne was born in Bethlehem, and married Joachim of Nazareth, both descendants of David. Tradition has it that the parents of the Blessed Virgin, who, apparently, first lived in Galilee, came later on to settle in Jerusalem. However, as his wife was barren, the high priest rejected Joachim and his sacrifice, as his wife's childlessness was interpreted as a sign of divine displeasure. Joachim consequently withdrew to the desert where he fasted and did penance for forty days. Angels then appeared to both Joachim and Anne to promise them a child. Joachim later returned to Jerusalem and embraced Anne at the city gate. There was ancient belief that a child born of an elderly mother who had given up hope of having offspring was destined for great things. Parallels occur in the Old Testament in the case of Hannah, mother of Samuel.



**29TH JULY ST MARTHA.** Jesus loved Martha, Mary and Lazarus. In St John's Gospel it tells of the special relationship Jesus had with the. Jesus was a frequent visitor to their home. We read of three visits in Luke 10:38-42, John 11:1-53 and John 12:1-9. Luke tells how Martha welcomes Jesus and his disciples into her home and immediately goes to work to serve them; whilst Mary sits and listens to Jesus. Jesus observes that Martha is worried about many things that distract her from really being present to him and he reminds her that there is only one thing that is truly important, listening to him. The next visit shows how well Martha learned his lesson. She is grieving the death of her brother. When she hears Jesus is in the area she goes to meet him. In her conversation with Jesus she shows her faith and courage stating clearly without doubt that she believes in Jesus' power, in the resurrection and most of all that Jesus is the Son of God. Jesus tells her he is the resurrection and the life and then goes on to raise her brother from the dead. Finally, Jesus returns to share a meal with his good friends and all we hear about Martha is simply that she "served". She isn't in the spotlight, she simply serves Jesus.

**30TH JULY ST PETER CHRYSOLOGUS** About 431, Peter, a deacon, became bishop of Ravenna, Italy. Many Christians in his diocese were following false teachings and living by values that were not Christian. Peter became known as an outstanding preacher. He also preached to catechumens preparing for Baptism. At the bishops' meeting in Constantinople in 448, Eutyches, a false teacher, denied that Jesus was both God and man. When the bishops refused Eutyches the right to teach his false ideas, he went to Peter for help. But Peter said, "In the interest of peace and the faith we cannot judge in matters of faith without the consent of the Roman bishop [the pope]." Peter Chrysologus believed that Christians should acquire knowledge to support the Christian faith. He encouraged education as a God-given opportunity and obligation. About 450, Peter died where he had been born: Imola, Italy. Thirteen centuries later, Pope Benedict XIII declared him a Doctor of the Church because of his homilies.



**31ST JULY ST IGNATIUS OF LOYOLA, PRIEST** (ca. October 27, 1491 – July 31, 1556) was a Spanish knight from a local Basque noble family, hermit, priest since 1537, and theologian, who founded the Society of Jesus (Jesuits) and, on 19 April 1541, became its first Superior General. Loyola's devotion to the Catholic Church was characterized by absolute obedience to the Pope. After being seriously wounded in the Battle of Pamplona in 1521, he underwent a spiritual conversion while in recovery. After claiming to experience a vision of the Virgin Mary and the infant Jesus at the shrine of Our Lady of Montserrat in March 1522, he went to Manresa, where he began praying for seven hours a day, often in a nearby cave, and formulating the fundamentals of the Spiritual Exercises. Ignatius and a few followers bound themselves by vows of poverty, chastity, and obedience. In 1539, they formed the Society of Jesus, approved in 1540 by Pope Paul III, as well as his Spiritual Exercises approved in 1548. Loyola also composed the Constitutions of the Society. He died in July 1556, was beatified by Pope Paul V in 1609, canonized by Pope Gregory XV in 1622, and declared patron of all spiritual retreats by Pope Pius XI in 1922. Ignatius is a foremost patron saint of soldiers, the Society of Jesus, the Basque Country, and the provinces of Gipuzkoa

**PLEASE REMEMBER IN YOUR PRAYERS:**

**Recently Deceased:** Robert Greig

**Anniversary:** John Favero

***We remember and pray for those who are ill at home and in hospital at this time, may they know the healing presence of Christ:***

Roseanne Telfer, Michael O'Hara, Marion Prescott, Barry Bolton, Rachal, Robert Greig, Lawson Rankin, Ann Moreira, Dawn Gander, Win Preston, Ken Vote, Anna Lee, Robyn Thomas, Angela McNamara, Lucilla Bacalla, Denis Wilson, Kath Copas, Bill McElroy, David Ball, Michael Siddle, Camille Betar, Michelle Perera Byrne, Ruth Morrow, Michelle Roet, Patricia Winston, Bill Hartmann, Joe Barnett, David Stewart, Pip West, Charmaine Brown, Terry McBride, Connie Cachia, Annette Fazio

*Please ring the parish office if you wish to add your loved ones to the sick list and also **to be taken off the list once they are well.** Thank you.*



**UNIVERSAL PRAYER**

**SEVENTEENTH SUNDAY IN ORDINARY TIME YEAR B**

- Fr:** Brothers and sisters, God is close to all who call from their hearts. Let us turn to God in prayer.
- Reader:** For peace in the Church, that she will be united in one body, one Spirit and one baptism. We pray.
- All:** Lord hear our prayer.
- Reader:** For Francis our Pope, that he may enable all people to be nourished by the Word made flesh. We pray.
- All:** Lord hear our prayer.
- Reader:** For William our Bishop, that he may continue to recover from his illness and be nourished by our prayers. We pray.
- All:** Lord hear our prayer.
- Reader:** For the Diocese of Maitland-Newcastle that despite our brokenness may the presence of the Risen Christ be made known by our apostolic works. We pray.
- All:** Lord hear our prayer.
- Reader:** For those affected by the pandemic, that they find peace and healing. We pray.
- All:** Lord hear our prayer.
- Reader:** For the leaders of our country at this difficult time, that they may remember the most vulnerable members of our society when making decisions that affect us all. We pray.
- All:** Lord hear our prayer.
- Reader:** For the elderly and Grandparents, that they may be nurtured by our love and respect for their wisdom and gifts. We pray.
- All:** Lord hear our prayers.
- Reader:** For Persecuted Christians around the world, that they be comforted by the Holy Spirit. We pray.
- All:** Lord hear our prayer.
- Reader:** For the sick, that they may know the healing love of Jesus. We Pray.
- All:** Lord hear our prayer
- Reader:** For the dead, especially Robert Greig who has died recently and for John Favero whose anniversary occurs at this time, that they may see the face of God. We pray.
- All:** Lord hear our prayer.
- Fr:** Loving father, you sustain us with your word and sacrament and bind us together in love and peace. Hear our prayers that we may share with others your generous gifts. We ask this in the name of Jesus, the living Bread, who is Lord for ever.
- All:** Amen.

**Sunday 25 Jul 2021**  
**SEVENTEENTH SUNDAY**  
**IN ORDINARY TIME**  
**YEAR B**

**Entrance Antiphon**

*Cf. Ps 67:6-7,36*

God is in his holy place,  
God who unites those who dwell in his  
house; he himself gives might and  
strength to his people.

**First Reading**

*2 Kgs 4:42-44*

*A reading from the second book of the Kings*

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. 'Give it to the people to eat,' Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted 'for the Lord says this, "They will eat and have some left over."' He served them; they ate and had some over, as the Lord had said.

**Responsorial Psalm**

*Ps 144:10-11, 15-18. R. v.16*

(R.) The hand of the Lord feeds us;  
he answers all our needs.

1. All your creatures shall thank you,  
O Lord, and your friends shall repeat  
their blessing.

They shall speak of the glory of your  
reign and declare your might, O  
God. (R.)

2. The eyes of all creatures look to  
you and you give them their food in  
due time.

You open wide your hand,  
grant the desires of all who live. (R.)

3. The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
who call on him from their hearts. (R.)

**Second Reading**

*Eph 4:1-6*

*A reading from the letter of St Paul to the Ephesians*

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

**Gospel Acclamation**

*Lk 7:16*

Alleluia, alleluia!

A great prophet has appeared among us; God has visited his people.

Alleluia!

**Gospel**

*Jn 6:1-15*

*A reading from the holy Gospel according to John*

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves,

gave thanks and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

**Communion Antiphon**

*Ps 102:2*

Bless the Lord, O my soul,  
and never forget all his benefits.

or

*Mt 5:7-8*

Blessed are the merciful, for they shall receive mercy. Blessed are the clean of heart, for they shall see God.

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**Readings for Next Week 31/1 Aug**

**First Reading**

*Ex 16:2-4. 12-15* Manna from heaven.

**Responsorial Psalm**

*Ps 77:3-4. 23-25. 54. R. v.24*

(R.) The Lord gave them bread from heaven.

**Second Reading**

*Eph 4:17, 20-24* Lay aside your former way of life.

**Gospel Acclamation**

*Mt 4:4*

Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

**Gospel**

*Jn 6:24-35* Jesus is the bread of life.

# THE ORDER OF MASS

## THE INTRODUCTORY RITES

In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.** either:

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. **And with your spirit.** or:

Grace to you and peace from God our Father and the Lord Jesus Christ. **And with your spirit.** or:

The Lord be with you. **And with your spirit.**

## PENITENTIAL ACT

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries. either:

**I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, (striking the breast) through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.** or:

Have mercy on us, O Lord.

**For we have sinned against you.**

Show us, O Lord, your mercy.

**And grant us your salvation.**

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.** or:

You were sent to heal the contrite of heart:

**P:** Lord, have mercy or: **P:** Kyrie, eleison.

**R:** Lord, have mercy or: **R:** Kyrie, eleison.

You came to call sinners:

**P:** Christ have mercy or: **P:** Christe, eleison.

**R:** Christ have mercy or: **R:** Christe, eleison.

You are seated at the right hand of the Father to intercede for us:

**P:** Lord, have mercy or: **P:** Kyrie, eleison.

**R:** Lord, have mercy or: **R:** Kyrie, eleison.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.**

The Kyrie follows, unless it has occurred in the Penitential Act. either:

**P:** Lord, have mercy. **R:** Lord, have mercy.

**P:** Christ, have mercy. **R:** Christ, have mercy.

**P:** Lord, have mercy. **R:** Lord, have mercy.

or:

**P:** Kyrie, eleison.

**R:** Kyrie, eleison.

**P:** Christe, eleison.

**R:** Christe, eleison.

**P:** Kyrie, eleison.

**R:** Kyrie, eleison.

**Gloria** (when said)

**Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

Let us pray. At the end of the Collect, the people acclaim: **Amen.**

## THE LITURGY OF THE WORD

At the end of the reading:

The word of the Lord. **Thanks be to God.**

At the Gospel:

The Lord be with you. **And with your spirit.**

A reading from the holy Gospel according to N.

**Glory to you, O Lord.**

At the end of the Gospel:

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

## THE NICENE CREED

**I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his**

kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, (all bow) born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### THE LITURGY OF THE EUCHARIST

Pray, brethren ... the almighty Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.**

At the end of the prayer, the people acclaim:  
**Amen.**

### THE EUCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God. **It is right and just.**

After the Preface

**Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

The mystery of faith. either:

**We proclaim your Death, O Lord, and profess your Resurrection until you come again. or:**

**When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again. or:**

**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

Through him, and with him, ... for ever and ever.  
**Amen.**

### THE COMMUNION RITE

At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, who art in heaven...**

Deliver us, Lord, we pray, from every evil...

**For the kingdom, the power and the glory are yours now and forever.**

Lord Jesus Christ, who said to your Apostles...

Who live and reign for ever and ever.

**Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

Let us offer each other the sign of peace.

**Lamb of God, you take away the sins of the world, have mercy on us. (X2)**

**Lamb of God, you take away the sins of the world, grant us peace.**

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

The Body of Christ. **Amen.**

The Blood of Christ. **Amen.**

Let us pray. At the end of the prayer, the people acclaim:  
**Amen.**

### THE CONCLUDING RITES

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the † Son, and the Holy Spirit. **Amen.**

either:

Go forth, the Mass is ended. or:

Go and announce the Gospel of the Lord. or:

Go in peace, glorifying the Lord by your Life. or:

Go in peace.

**Thanks be to God.**

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## SCRIPTURE COMMENTARY

by Brendan Byrne SJ

We begin today the first of five Sundays where a series of Gospels taken from the sixth chapter of the Fourth Gospel interrupts the Year of Mark. John 6 consists of an account of the multiplication of the loaves (John 6:1-15), which forms the Gospel for today, followed by a long discourse from Jesus on the Bread of Life.

The sequence of Gospels around this theme over the coming weeks offers an opportunity for a sustained catechesis on the Eucharist. It should be noted, however, that while eucharistic overtones are there from the start, it is only towards the end of the discourse (vv. 51-58) that they become explicit. The principal focus of the discourse is upon Jesus as the One sent down from heaven to be the life-giving revelation of God – a focus in which ‘Wisdom’ motifs are prominent. Our overall interpretation will be richer if we do not allow the eucharistic allusion to ‘swamp’ the whole meaning from the very start.

There is also a good deal of overlap in the discourse material for the second, third and fourth Sunday Gospels taken from St John. Preachers intending to offer a catechesis over the range of Sundays would be well advised to plan beforehand what they intend to draw from each particular Gospel.

The ‘Bread of Life’ sequence as a whole displays a pattern that can be discerned in several of the long discourses in the Fourth Gospel. The remedying of a human need – usually through a miracle – functions as a symbol of a far more profound gift involving the person of Jesus himself. Here the miraculous provision of bread for the hungry crowd signals that he is the ‘Bread of Life’. As the manna was sent down from heaven to feed the Israelites during their years of wandering in the wilderness of Sinai, Jesus is the life-giving Bread sent down from heaven by the Father. The following discourse ‘unpacks’ this symbolic sense of Jesus as the Bread of Life.

The miracle of the multiplication of the loaves and fishes is well set off by the brief First Reading, 2 Kings 2:42-44, recalling the similar miracle of the prophet Elisha. The prophet tells his servant to feed the crowd with the twenty barley loaves, just as Jesus will insist that his disciples feed an even greater multitude with even less. In both cases, too, after everyone is satisfied, there will be plenty left over. When the Lord supplies, the generosity is unstinting.

The context for the miracle described in the Gospel (John 6:1-15) is the Jewish feast of Passover, a feast celebrating the liberation of the Israelites from slavery in Egypt and their formation into the covenant people of God. Seated on a mountain in front of the crowds, Jesus challenges his disciples with the question, ‘Where can we buy bread ....?’ The disciples are utterly perplexed as to why they should take upon themselves this responsibility, impossible to fulfil granted the amount of food available (five barley loaves and two fish). In the face of their perplexity, Jesus instructs them to have the people sit down upon the green grass. The Greek word translated ‘sit down’ has the sense of ‘recline as if for a banquet’. Telling the people to sit down would create the expectation of being fed. So the disciples risk being involved in an embarrassing failure. But, in the view and intention of Jesus, it is not a question of ‘buying’ anything but rather of becoming instruments of the divine generosity. As with the manna in the wilderness of Sinai, the Lord will feed his people. In fact, when all have been fed, there are twelve baskets of leftover scraps to be collected – a symbol of the Eucharist that the successors of the twelve apostles will distribute to the Church. The eucharistic celebration will continue Jesus’ ministry of the hospitality of God.

The message of the feeding is not lost on the people. Working out of their own categories of conventional messianic expectation, they see in Jesus the Prophet-King Messiah, promised by Moses (Deut 18:15-18). But Jesus will not be captured within messianic categories that are in his case completely inadequate. For the present he eludes the crowd, to return later on his own terms. Then in the course of sustained interaction recorded in the rest of the chapter, he will attempt to communicate a sense of his true status and of the gift to the world that he represents.

In a world faced with hunger on a global scale, the challenge of Jesus, ‘Where can we buy bread for these people to eat?’ remains. It is an economic question and a political question. The Gospel suggests it is also a religious question – one Jesus throws to us as he did to his disciples on a mountain in Galilee.

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**POPE FRANCIS**  
**ANGELUS**  
**Saint Peter's Square**  
**Sunday, 18 July 2021**

Dear brothers and sisters, buongiorno!

Jesus's attitude that we observe in the Gospel of today's liturgy (Mk 6:30-34) helps us to grasp two important aspects of life. The first is rest. To the Apostles returning from the labours of the mission who enthusiastically begin to relate everything they had done, Jesus tenderly directs this invitation to the Apostles: "Come away by yourselves to a lonely place, and rest a while" (v. 31). An invitation to rest.

In so doing, Jesus gives us a valuable teaching. Even though he rejoices on seeing his disciples' happiness due to the wonders of their preaching, he does not spend time giving them compliments or asking questions. Rather, he is concerned about their physical and interior tiredness. And why does he do this? Because he wants to make them aware of a danger that is always lurking there for us too: the danger to be caught up in the frenzy of doing things, to fall into the trap of activism where what is most important are the results that we obtain and the feeling of being absolute protagonists. How many times this happens in the Church: we are busy, we run around, we think that everything depends on us and, in the end, we risk neglecting Jesus and we always make ourselves the centre. This is why He invites His disciples to rest a bit with Him on their own. It is not only physical rest, but also rest for the heart. For it is not enough to "unplug" ourselves, we need to truly rest. And how do we do this? To do so, we must return to the heart of things: to stop, to remain in silence, to pray so as not to go from the frenzy of work to the frenzy of times of relaxation. Jesus did not neglect the needs of the crowd, but each day, before anything else, he would withdraw in prayer, in silence, in intimacy with the Father. His tender invitation – rest a while – should accompany us. Let us beware, brothers and sisters, of efficiency, let us put a halt to the frantic running around dictated by our agendas. Let us learn how to take a break, to turn off the mobile phone, to contemplate nature, to regenerate ourselves in dialogue with God.

Nonetheless, the Gospel tells us that Jesus and his disciples could not rest as they had wished. The people find them and flock to them from all sides. At which point, he is moved with compassion. This is the second aspect: compassion, which is God's style. God's style is to draw near, compassion and tenderness. How many times we find this phrase in the Gospel, in the Bible: "He had compassion on them". Touched, Jesus dedicates himself to the people and begins to teach again (cf. vv. 33-34). This seems to be a contradiction, but in reality, it is not. In fact, only a heart that does not allow itself to be taken over by hastiness is capable of being moved; that is, of not allowing itself to be caught up in itself and by things to do, and is aware of others, of their wounds, their needs. Compassion is born from contemplation. If we learn to truly rest, we become capable of true compassion; if we cultivate a contemplative outlook, we will carry out our activities without that rapacious attitude of those who want to possess and consume everything; if we stay in touch with the Lord and do not anaesthetise the deepest part of ourselves, the things to do will not have the power to cause us to get winded or devour us. We need – listen to this – we need an "ecology of the heart", that is made up of rest, contemplation and compassion. Let us take advantage of the summer time for this! It will help us quite a bit. And now, let us pray to the Madonna, who cultivated silence, prayer and contemplation and who is always moved with tender compassion for us, her children.

After the Angelus the Holy Father continued:

Dear brothers and sisters,

I express my nearness to the populations of Germany, Belgium and the Netherlands, who were hit by the catastrophic floods. May the Lord welcome the deceased and comfort their loved ones, may he sustain the efforts of everyone who are helping those who have suffered serious damage.

Unfortunately, this last week, news has arrived of episodes of violence that have aggravated the situation of so many of our brothers and sisters in South Africa, already affected by economic and health difficulties due to the pandemic. United to the Bishops of the country, I address a heartfelt appeal to all the leaders involved that they might work toward building peace and collaborate with the authorities to provide assistance to those in need. May the desire that has guided the South African people, the rebirth of harmony among all its children, not be forgotten.

I am also near to the dear Cuban people in these difficult moments, in particular to those families suffering the most. I pray that the Lord might help the nation construct a society that is more and more just and fraternal through peace, dialogue and solidarity. I urge all Cubans to entrust themselves to the maternal protection of the Virgin Mary of Charity of Cobre. She will accompany them on this journey.

I greet the numerous young people present, in particular these groups: the oratory of St Anthony of Nova Siri, of the parish of Mary, Queen of All Saints in Parma, of Sacred Heart Parish in Brescia and the oratory of Don Bosco from San Severe. Dear young people, have a blessed journey on the path of the Gospel!

I greet the novices of the Daughters of Mary Help of Christians, the faithful of the joint pastoral ministry of Camisano and Campodoro in the Diocese of Vicenza.

I want to cordially greet the boys and girls of the [name of group was not understood] in Puglia who are connected with us via television.

I hope you all enjoy your Sunday. Please, do not forget to pray for me! Enjoy your lunch and arrivederci!

# CONFIRMATION 2021

**Congratulations** to all the children who were Confirmed by Fr Peter Street at the ceremony held on Tuesday 20th July at the Holy Name Church. Here are a some photos highlighting the event. Individual photos were taken of each child as Fr Peter Confirmed them, if any parent would like a copy of your child's photo please contact the Parish Office.



## *Grandparents Reports from the students at Holy Name*

### **Georgia – Year 6**

We were on the way to Melbourne in the car. My Nan had a big packet of jelly beans in her hand and she spilt them all in the car. We picked most of them up but when we went in the car to go somewhere we would find some more jelly beans in the cracks and in the side of the car.

### **Brady – Year 6**

When my family and I went to Bali we went white water rafting. My Mum, my Nan and I went down a little waterfall and my Nan almost fell out!

### **Charlie – Year 5**

I have my Mums' side and my Dad's, we have family roast night every Sunday for a catch up, before dinner our Pop helps us study, and our Grandma tells us stories in history. We watch the show The Chase and try to get every question right. My Grandparents always come to my soccer games, even if it's 6 hours away. They're supportive and always a joy to be around.

### **Mackenzie – Year 4**

Three years ago, me and my Nan were chasing bubbles and having a great time. Today I am playing board games with her and she goes to all my netball games. No matter what the occasion, she always supports me.

### **Solomon – Year 4**

My Nan usually comes over to my house for birthdays. She watches my soccer games and my brothers' soccer games. She makes us really nice dinner at her house and has ice cream. That's why I love my Nan.

### **Ellara – Year 4**

My name is Ellara and I like to spend time with my Grandparents. Some of the things I like doing with them are watching movies, cooking and doing puzzles. I also like making tea and coffee with my nan.

### **Hamish – Year 4**

My Grandma's and I like to drink hot chocolate and read. She is very supportive about my swimming. My family spends a lot of time with her. She is very loving. We love going to the Spice Monkey with her.

### **Max – Year 3**

I like that my Grandparents are very kind to me. When I go to their house in the morning they give me toast and milk. I also wrestle with my Pop. Sometimes he wins, sometimes I win. I love my Grandparents.

### **Eden – Year 2**

I love going to the beach and collecting shells with my Grandparents. I love my Grandparents.

### **Eamonn – Year 2**

I love watching movies and having sleep overs with my Grandparents. They spoil me!

### **Jorja – Year 2**

I love that my Pop makes jewellery for the family. He makes rings with opals.

### **Emily – Year 2**

My favourite memory is going to the snow with Nan and Pop. I loved snowboarding with them!

### **Dhyan – Year 1**

I love my Grandparents because they cook me food and buy me things. My favourite thing to do with my grandparents is to call them on the phone and talk to them about what I have been doing.

### **Charlotte – Year 1**

My favourite things to do with my Grandparents are to have ice cream and go to places with them, such as restaurants and the playground. I don't see them very often because they live overseas. I love my grandparents!

### **Emmanuel – Year 1**

I love to walk with my Grandparents to the Church. I also like walking back home. Grandma makes me coffee and food. I also love her banana smoothies!

### **Anna - Kindergarten**

I love my Nanna and Opa because they sometimes take me to church and we get to go to Beach Bums afterwards for breakfast. I love it when I have sleep overs at their house because I get yummy food and I get to have a bubble bath. I like playing Monopoly with my Grandparents, it's so much fun! I also love it when my Nanna and Opa take me to get ice-cream! I love to give them big cuddles when I see them.

### **Mrs Stephens**

My Nan had a special room in her home with gate like doors that you could only go to if you had permission. I loved to peak through the gates and look at all the furniture, ornaments and decorations around the room. I remember timber, black and orange colours and also sneaking in there when the opportunity presented itself because it just looked so good.

I remember visiting my other Nan and Pop and standing near a fridge in a back room where Nan would bring us a scone and some lemonade if we were lucky. I had many siblings so Nan and Pop preferred that we play in the park opposite their house once we'd finished eating (I understand why now). I also remember their dog, a cocker spaniel named Trojan as I chose to write my creative writing story in Yr 6 about him.

### **Mr Pomplun**

My grandparents lived in the very south of New Zealand. I used to love visiting them each year for holidays. Their house was very warm and inviting and they had the most amazing vegetable patch in the backyard. My brother and I used to love spending time with our grandparents pulling out all the vegetables as we did not have a vegetable garden at our own home, so this was a bit of a novelty for us. My Nana also loved freezing absolutely everything. We opened her freezer in about 2005 to find peaches frozen from 1986. Apparently, this was a good year for peaches! My wife and I drove past their house a few years ago when we holidayed in New Zealand which brought back many fond childhood memories!





### BAPTISMS

Celebrated most Sundays.  
Bookings via the Parish website

### MARRIAGE

Celebrated by arrangement with at least 3 months notice. Bookings via the parish website

### SACRAMENTAL PROCESS

Enrolment via the Parish Website

### RITE OF CHRISTIAN INITIATION OF ADULTS

(RCIA) Parish Office 02 6554 6401

### CATHOLIC CARE

Phone: 02 6539 5900 for services provided in Forster



### PARISH TEAM

**Fr Peter Street** - Parish Priest  
Peter.street@mn.catholic.org.au  
Emergency Contact: 0458 327 291

**Danielle Kingdom**  
Admin Assistant  
danielle.kingdom@mn.catholic.org.au

**Office Hours:**  
Mon-Fri 9.00am- 3.30pm  
Phone: 02 6554 6401

**Website:**  
www.forstertuncurrycatholic.org.au

**Follow us on facebook:**  
@catholicparishofforstertuncurry

### COMMUNITY KITCHEN

Serving meals to the community from the Parish Hall  
**Tue, Wed & Thurs 12pm-1pm**

### PARISH GROUPS

#### Christian Meditation

Forster Tues 9.30am  
Monica 02 6555 7038  
Hallidays Point Wed 10am  
John 0417 249 466

#### Social Justice Group

Tim Prescott 6555 8517

#### Gardening Group

3rd Thursday of the month, 8am  
Church grounds.  
David Olliffe 0424 369 485

#### Family and Friends Group

Meets monthly, contact Carol and Terry Pearson on 0408768729.

#### Singing Practice

Ken Heffernan 02 6554 6401  
(see parish timetable)

#### Holy Hour

Tues 3.30pm in the Church

#### Finance Council

3rd Wednesday of the month, 5pm  
Meeting Room

#### Pastoral Council

1st Thursday of the month, 6.00pm  
Meeting Room

#### Novena to our Lady of Perpetual Help and Rosary

Wed 11.00am in the Church  
Shiony 0411 493 086

#### Secular Franciscan Fraternity

4th Sunday of the month 9.30am

The above groups are all subject to Covid-19 restrictions, please enquire before attending.



### SUNDAY MASS TIMES

Sat 5.00pm.

Sun. 8.00am, 10.00am & 12.00pm  
Registration through the Parish Office is required to attend Mass while church restrictions are still in place

### RECONCILIATION

9.00am Saturday and during Holy Hour

### YOUTH MASS

3rd Sunday of the month, will resume once restrictions have eased.

### AGED CARE MASSES

(Subject to change)

GLAICA: **2nd Tues 10.30am**  
Estia Forster: **3rd Tues 10.00am**



### CATHOLIC SCHOOLS

**Holy Name Catholic School K-6**  
41 Lake Street, Forster  
**Ph:** 02 6554 6504  
**E:** admin@forster.catholic.edu.au  
**W:** www.forster.catholic.edu.au  
**Principal:** Brooke Stephens

**St Clare's High School 7-12**  
Davis Street, Taree  
**P:** 02 6552 3300  
**E:** Admin@tareesc.catholic.edu.au  
**W:** www.tareesc.catholic.edu.au  
**Principal:** Peter Nicholls

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