



Bridgeside Bulletin



YOUTH & FAMILY MASS

A few musicians will commence leading the Youth Mass in songs on the 3rd Sunday of each month under the direction of Carmel Brown & Monique Piscopo at the Youth Mass. Come and encourage them for their wonderful contribution to our celebration. Here are the Sundays they will sing

Sunday 21 October and Sunday 18 November



Human Rights Day –

Fr Rod Bower Talk on Saturday 20 October 2018 at 2 pm

Great Lakes Rural Australians for Refugees is hosting a Human Rights Day event on Saturday 20 October at 2 pm at the Holy Name Primary School Hall in Lake Street, Forster. The guest speaker, Father Rod Bower, Anglican Priest of Gosford Parish, is known for his outspoken signs promoting the gospel message of love and compassion in a diverse society. In 2016 he won the Doha International Award for Interfaith Dialogue, which recognizes individuals who foster understanding between faiths and contributes to security across the world. All are welcome to attend and learn more about the Give Us A Sign campaign.



2017-2018 LITURGICAL YEAR OF CELEBRATION

It's been a tough year. Let's have a laugh.

Now in its second year, a tradition is born. The annual end of liturgical year celebration is a chance for our chief liturgist Bishop Bill, and the Diocesan Liturgy Council to applaud your hard work in ministering to the Liturgical and sacramental needs of our diocesan community.

Eat, drink and laugh along to the wit of the skit as we present a light-hearted version of ABC TV show 'You c'ant ask for that'.

WHEN

- Friday 23 November 2018
- 5.00-7.30pm

WHERE

- Victor Peters Suite
- 841 Hunter St, Newcastle

WHAT

- Drinks & finger food
- Skit 'You C'ant Ask That'
- Musical Entertainment

WHO

- Liturgy, RCIA, Sacramental Teams
- Liturgical ministers
- Funeral & Bereavement ministers
- Music Ministers
- All members of the assembly
- RECs, RSCs, Ministry Coordinators
- Family Ministry Coordinators
- All member of the clergy

RSVP

- For catering purposes
- By Friday 16 November
- P 4979 1134
- sharon.murphy@mn.catholic.org.au





PARLIAMENT for Regional NSW

Stephen Bromhead MP

MEMBER FOR MYALL LAKES



WWW.MENTALHEALTHMONTH.ORG.AU

MYALL LAKES HEALTH FORUM INVITATION

October is Mental Health Month, Mental Health affects us all one way or another.

I am pleased to be hosting a Mental Health Forum for our local community on **Tuesday 30th October 2018**.

The forum will allow the community of the Manning / Great Lakes to acquire relevant information on where to seek help with Mental Health Services in our area.

I have a number of key speakers from organisations in the Manning/Great Lakes that will be able to provide direction on the services they have available.

There will be an opportunity for attendees to 'have your say' and comment on the mental health needs in our community.

I look forward to joining you to share with you family, friends or colleagues that may be living with mental illness. The Forum will discuss the support services that are available in the Myall Lakes.

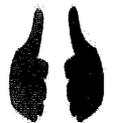
Please come along, have a cuppa and a chat about this very important issue that can affect all of us in our community.

DATE: Tuesday 30th October 2018

TIME: 3pm – 5pm

LOCATION: Wallis Lake Room
Club Forster
Strand Street, Forster

RSVP: Wednesday 24th October
Phone: 02 6555 4099 or
email myalllakes@parliament.nsw.gov.au



WWW.MENTALHEALTHMONTH.ORG.AU

If you or someone you know needs urgent crisis support call Lifeline 13 11 14, or local mental health services phone the NSW Mental Health Line on 1800 011 511.

Tuncurry Office
ph 02 6555 4099 fax 02 6555 4780
Bridgepoint Building, 1-9 Manning Street, (PO Box 272) Tuncurry NSW 2428

Taree Office
(by appointment only)
1/100 Victoria Street, Taree NSW 2430

myalllakes@parliament.nsw.gov.au
www.stephenbromhead.com.au
f /StephenBromhead

17th Century Nun's Prayer

Lord, thou knowest better than I know myself that I am growing older and will some day be old.

Keep me from the fatal habit of thinking I must say something on every subject and on every occasion.

Release me from craving to straighten out everybody's affairs. Make me thoughtful but not moody; helpful but not bossy. With my vast store of wisdom it seems a pity not to use it all, but Thou knowest Lord, that I want a few friends at the end.

Keep my mind free from the recital of endless details; give me wings to get to the point. Seal my lips on my aches and pains. They are increasing and love of rehearsing them is becoming sweeter as the years go by. I dare not ask for grace enough to enjoy the tales of other's pains, but help me to endure them with patience.

I dare not ask for improved memory, but for a growing humility and a lessening cocksureness when my memory seems to clash with the memories of others. Teach me the glorious lesson that occasionally I may be mistaken.

Keep me reasonably sweet; I do not want to be a saint-some of them are so hard to live with-but a sour old person is one of the crowning works of the Devil. Give me the ability to see good things in unexpected places and talents in unexpected people. And, give me, O Lord, the grace to tell them so.

Amen.

***The title of this prayer is traditional,
the source is unknown***